

HOT LINES

Adult & Elder Abuse—24 Hours
800-510-2020
Alcohol & Drug Services—24 Hours
800-662-HELP (4357)
Child Abuse—24 Hours
858-560-2191
Crime Tip Hotline—24 Hours
888-580-8477
Domestic Violence/Sexual Assault—24 Hours
888-DVLINKS or 888-385-4657
General Resource and Help Line—24 Hours
Dial 2-1-1
Legal Aid—Listen to the Prompts
877-534-2524
Narcotic Anonymous—24 Hours
800-479-0062 English
800-546-0774 Spanish
Poison Control—24 Hours
800-222-1222
San Diego ACCESS Crisis Hotline—24 Hours
Mental Health/Suicide Prevention
888-724-7240
Veterans Crisis Line—24 Hours
800-273-8255 Press 1

EAST COUNTY PUBLIC ASSISTANCE

HHSA Family Resource Center
220 1st St., El Cajon Monday-Friday 7:00am-5:00pm
866-262-9881 ACCESS/ CalWorks, CalFresh,
MediCal, General Relief Assistance
US Social Security Administration
810-846 Arnele Ave., El Cajon
800-722-1213 Monday-Friday 9:00am-4:00pm
Wednesday- 9:00am-12:00pm only
HHSA East County Public Health Center
367 N. Magnolia Ave., Ste. 101, El Cajon
619-441-6500 Immunizations, Testing, Hep A
Santee Sheriff's Substation
8811 Cuyamaca St., Santee
858-565-5200 Dispatch 619-956-4000 Business
Lakeside Sheriff's Substation
12365 Parkside St., Lakeside
858-565-5200 Dispatch 619-938-1360 Business
WIC (Women, Infants & Children)
9841 Vine St., Lakeside—Community Center
800-500-6411 Appointment Only- Vouchers
Visit website for store locations

VETERAN SERVICES

Courage To Call—Mental Health Systems
2165 Kurtz St., San Diego
619-209-4682
Veteran Community Services of San Diego
5605 El Cajon Blvd., San Diego
800-974-9909 Benefits and Housing
Veterans Village of San Diego
4141 Pacific Hwy., San Diego
619-393-2000 For information or appointment
housing, substance abuse, counseling and more
LEGAL SERVICES
Legal Aid Society
877-534-2524 Housing/Discrimination
Homeless Court Program
619-717-6101 For More Information
sandiego@homelesscourtprogram.org
Think Dignity
3525 30th St., San Diego
619-537-8736 Showers, Storage, Basic Dignity
619-354-9879 Call-in Legal Clinic & Referrals
San Diego Volunteer Lawyer Program
707 Broadway, Suite 1400, San Diego
619-235-5656 Immigration, Unlawful Detainer,
Restraining orders, Guardianship

YOUTH SERVICES

San Diego Youth Services (SDYS)
Youth Hotline 888-724-7240
Youth Emergency Shelter and
Transitional Housing Continuum
Our Safe Place Mental Health Clinic—SDYS
3427 4th Avenue, 2nd Floor, San Diego
Monday-Friday 9:00am-6:00pm
Street Outreach—SDYS and Services
619-221-8600 Main Line
Eastern Lights—Overnight Youth Shelter
Meridian Church, 660 S. 3rd St., El Cajon
305-934-8887
Thursday Check-In 7:00pm
Home Start, Inc.
Maternity Shelter and TAY Rapid Rehousing
619-906-4401
Mental Health Services
Intake Line 619-692-0727 Ext. 118 Leave Message
Heartland Youth Build
5280 Orange Ave., San Diego
619-546-9259 Low Income Youth Ages 16-24
*Provided by the East County Homeless Task Force.
Printed May 2019. Resource information is subject to
change. To update information please contact
coordinator@elcajoncollaborative.org*

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SHELTER / HOUSING / CASE MANAGEMENT

2-1-1 Shelter Referrals

Dial 2-1-1 For Emergency Shelters, Supportive Housing, and Resources

Crisis House

1034 N. Magnolia Ave., El Cajon
619-444-1194 Housing Resources / DV

East County Transitional Living Center

1527 E. Main St., El Cajon
619-442-0457 Call For Availability

Interfaith Shelters

Call 2-1-1 For Referrals—Seasonal Only

LIBRARIES

San Diego County Library— Santee Branch

619-448-1863 9225 Carlton Hills Blvd., Santee

Lakeside Branch

619-443-1811 9839 Vine St., Lakeside

Call for hours

RESOURCES IN EAST COUNTY

Visit our new website for East County Homeless Resources
www.ECAssist.org

MENTAL HEALTH / SUBSTANCE ABUSE

East County Mental Health Clinic

1000 Broadway Ave., El Cajon
619-401-5500 Monday-Friday 8:00am-5:00pm

MHS—ACTION East

10201 Mission Gorge Rd., Santee
619-383-6969 Monday-Friday Referral Only

McAlister Institute Residential & Outpatient

1400 N. Johnson Ave., Suite 101, El Cajon
619-442-0277 Monday-Friday 9:00am-7:00pm
Saturday 10:00am-2:00pm Closed Sunday

Halcyon Center—Short Term Residential

1664 Broadway, El Cajon
619-579-8685

Heartland Wellness Recovery Center

460 Magnolia Ave. Space 110, El Cajon
619-440-5133 Call for space availability

Mental Health Systems

900 Cuyamaca St., El Cajon
619-447-2428 Call for an appointment

A WAY BACK HOME

Salvation Army Reunification Program

1011 E. Main St., El Cajon
619-440-4683 Call For Hours

HEALTH CARE

Neighborhood Healthcare

10039 Vine St., Lakeside
619-390-9975 Monday-Friday 8:00am-5:00pm
Saturday 8:00am-2:00pm— Call for an appointment

Santee Family Medicine— Mountain Health

120 Town Center Pkwy., Santee
619-445-6200 Monday-Friday 8:00am-5:00pm

Scripps Clinic-Santee

278 Town Center Pkwy. Suite 105, Santee
619-713-7880 Monday and Thursday 7:00am-7:00pm
Tues., Wed., Fri. 7:00am-5:00pm

AFC Urgent Care—Santee

10538 Mission Gorge Rd., Suite 100, Santee
619-456-0033 Monday-Sunday 8:00am-8:00pm
No appointment needed— Most insurances accepted

East Region Public Health Center—HHSA

367 N. Magnolia Ave., Ste. 101, El Cajon
619-441-6500 Monday, Tuesday, Thursday, Friday
8:30am-4:00pm

Volunteers in Medicine

1457 E. Madison Ave., El Cajon
619-440-4591 Wednesday 4:00pm-8:00pm
Saturday 8:00am-12:00pm appointment only-uninsured

FOOD RESOURCES

East County Food Resource Guides

www.ECAssist.org

SANTEE & LAKESIDE



For Emergencies, Dial 9-1-1
Santee Sheriff's Non-Emergency
Call 619-938-1360

Lakeside Sheriff's Non-Emergency
Call 619-938-1360

Military and Veterans Affairs
858-694-3222

Community, Health and Disaster Services
Dial 2-1-1 (24 Hours)

Online General and Food Resources at
www.ECAssist.org

Resources by Text
Text "ConnectEC" to 77453



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