

HOT LINES

Adult & Elder Abuse—24 Hours
800-510-2020

Alcohol & Drug Services—24 Hours
800-662-HELP (4357)

Child Abuse—24 Hours
858-560-2191

Crime Tip Hotline—24 Hours
888-580-8477

Domestic Violence/Sexual Assault—24 Hours
888-DVLINKS or 888-385-4657

General Resource and Help Line—24 Hours
Dial 2-1-1

Legal Aid—Listen to the Prompts
877-534-2524

Narcotic Anonymous—24 Hours
800-479-0062 English
800-546-0774 Spanish

Poison Control—24 Hours
800-222-1222

San Diego ACCESS Crisis Hotline—24 Hours
Mental Health/Suicide Prevention
888-724-7240

Veterans Crisis Line—24 Hours
800-273-8255 Press 1

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EAST COUNTY PUBLIC ASSISTANCE

HHSA Family Resource Center
220 S. 1st St., El Cajon Monday-Friday 7:00am-5:00pm
866-262-9881 ACCESS/ CalWorks, CalFresh, MediCal,
General Relief Assistance

US Social Security Administration
810-846 Arnele Ave., El Cajon
800-772-1213 Monday-Friday 9:00am-4:00pm
Social Security Card Replacement

HHSA East County Public Health Center
367 N. Magnolia Ave., Ste. 101, El Cajon
619-441-6500 Immunizations, Testing, Hep A

San Diego County Sheriff's Alpine Substation
2751 Alpine Blvd., Alpine
858-565-5200 Dispatch 619-659-2600 Business

San Diego County Sheriff's Boulevard Substation
39919 CA Hwy. 94, Boulevard
858-565-5200 Dispatch 619-766-4585 Business

San Diego County Sheriff's Pine Valley Substation
28696 Old Hwy. 80, Pine Valley
858-565-5200 Dispatch 619-938-8400 Business

WIC (Women, Infants & Children)
301 N. Magnolia Ave., Ste. 101, El Cajon

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VETERAN SERVICES

Courage To Call—Mental Health Systems
2165 Kurtz St., San Diego
619-209-4682

Veteran Community Services of San Diego
4141 Pacific Highway, San Diego
800-974-9909 Benefits and Housing

Veterans Village of San Diego
4141 Pacific Hwy., San Diego
619-393-2000 For Information or Appointment
Housing, Substance Abuse, Counseling and More

LEGAL SERVICES

Legal Aid Society
877-534-2524 Housing/Discrimination

Homeless Court Program
619-717-6101 For More Information
sandiego@homelesscourtprogram.org

Think Dignity
619-354-9879 Call-in Legal Clinic & Referrals

San Diego Volunteer Lawyer Program
707 Broadway, Suite 1400, San Diego
619-235-5656

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YOUTH SERVICES

San Diego Youth Services (SDYS)
Youth Hotline 888-724-7240
Youth Emergency Shelter and
Transitional Housing Continuum

Our Safe Place Mental Health Clinic—SDYS
3427 4th Avenue, 2nd Floor, San Diego
Monday-Friday 9:00am-6:00pm

Street Outreach—SDYS and Services
619-221-8600 Main Line

Eastern Lights—Overnight Youth Shelter
Meridian Church, 660 S. 3rd St., El Cajon
305-934-8887
Thursdays—7:00pm Check In

Home Start, Inc.
Maternity Shelter and TAY Rapid Rehousing
619-906-4401

Mental Health Services
Intake Line 619-692-0727 Ext. 118 Leave Message

Heartland Youth Build
5280 Orange Ave., San Diego
619-546-9259 Low Income Youth Ages 16-24

*Provided by the East County Homeless Task Force.
Printed May 2019. Resource information is subject to
change. To update information please contact
coordinator@elcajoncollaborative.org*

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SHELTER / HOUSING / CASE MANAGEMENT

2-1-1 Shelter Referrals

Dial 2-1-1 For Emergency Shelters, Supportive Housing, and Resources

Crisis House

1034 N. Magnolia Ave., El Cajon
619-444-1194 Housing Resources / DV

East County Transitional Living Center

1527 E. Main St., El Cajon
619-442-0457 Call For Availability

Interfaith Shelters

Call 2-1-1 For Referrals—Seasonal Only

LIBRARIES

San Diego County Library—Alpine Branch

1752 Alpine Blvd., Alpine 619-445-4221

Campo-Lake Morena Branch

31356 Hwy. 94, Campo 619-478-5945

Descanso Branch

9645 River Dr., Descanso 619-445-5279

Jacumba Branch

44605 Old Hwy. 80, Jacumba 619-766-4608

Pine Valley Branch

28804 Old Hwy. 80, Pine Valley 619-473-8022

Potrero Branch

24883 Potrero Valley Rd., Potrero 619-478-5978

MENTAL HEALTH / SUBSTANCE ABUSE

East County Mental Health Clinic—HHSa

1000 Broadway, Ste 210, El Cajon
619-401-5500 Monday-Friday 8:00am-5:00pm

Freedom Ranch—Residential

1777 Buckman Springs Rd., Campo
619-478-5696 Call for space availability

McAlister Institute—Residential & Treatment

1400 N. Johnson Ave., El Cajon
619-442-0277 Monday-Saturday Call For Hours

Halcyon Center—Short Term Residential

1664 Broadway, El Cajon
619-579-8685

Heartland Wellness Recovery Center

460 Magnolia Ave. Space 110, El Cajon
619-440-5133 Call for space availability

A WAY BACK HOME

Salvation Army Reunification Program

1011 E. Main St., El Cajon
619-440-4683 Call For Hours

RESOURCES IN EAST COUNTY

Visit our new website for East County Homeless Resources at www.ECAssist.org

HEALTH CARE

Alpine Family Medicine—Mountain Health

1620 Alpine Blvd., Alpine
619-445-6200 Monday-Friday 8:30am-5:00pm
Some Saturday hours— Call for an appointment

Mountain Health Family Medicine—Mountain Health

1388 Buckman Springs Rd., Campo
619-445-6200 Monday-Friday 8:00am-5:00pm

Southern Indian Health Council—SYHC

4058 Willows Rd., Alpine
619-445-1188 x 400 Monday-Friday 8:00am-4:30pm

Southern Indian Health Council—SYHC

36350 BIA Rd. 10, Campo
619-445-1188 x 700 Monday-Friday 8:00am-4:30pm

East Region Public Health Center—HHSa

367 N. Magnolia Ave., Ste. 101, El Cajon
619-441-6500 Monday, Tuesday, Thursday, Friday
8:30am-4:00pm

For Emergency Dial 9-1-1

FOOD RESOURCES

East County Food Resource Guides

www.ecassist.org

Salvation Army

28989 Old Hwy. 80, Pine Valley
619-473-0615 Monday-Thursday 9:00am-4:00pm
Call for an appointment—Case management

ALPINE & MOUNTAIN EMPIRE



For Emergencies, Dial 9-1-1
San Diego County Sheriff's Non-Emergency
Call 858-565-5200

Military and Veterans Affairs
858-694-3222

Community, Health and Disaster Services
Dial 2-1-1 (24 Hours)

Online General and Food Resources at
www.ECAssist.org

Resources by Text
Text "ConnectEC" to 77453



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